

INVEST IN YOU. *You deserve it.* ♥

WOMEN'S Wellness Retreat

RELAX • RESET • RECONNECT

Step away from the noise and come back to yourself.

A restorative weekend for stress relief, self-care, education, connection and the kind of deep exhale you have been needing.

OCTOBER 8–11, 2026

Thursday 5 PM – Sunday 11 AM

HERITAGE RANCH - BOZEMAN, MT



A stunning setting to slow down, breathe deeply and reconnect.

YOUR WEEKEND

- ♥ Education that supports your health
- ♥ Relaxation & stress relief
- ♥ Self-care without guilt
- ♥ Yoga / Pilates & mindful movement
- ♥ Time in Montana's beautiful outdoors
- ♥ Connection with a community of women



FEATURING



Dr. Keira Barr

Dermatologist & Somatic Therapy Specialist



Dr. Rhonda Jolliffe

Nurse Practitioner
Peri-Menopause/
Menopause Expert



Agata Zidon

Functional Medicine
Health Coach &
Holistic Nutritionist



Victoria Bentley

Yoga/Pilates Instructor
Massage therapist

ACCOMMODATIONS



All retreat activities are held at the Heritage Ranch.



Cozy glamping tents surrounded by the breathtaking views



Meals all included from Thursday evening dinner through Sunday breakfast.

*Nourish your body,
Rest your mind,
Let nature do some
of the healing.*

INVESTMENT IN YOUR HEALTH

\$2,998

*Your health, your time,
Your future.*

ADD ON SERVICES (ADDITIONAL INVESTMENTS) UPON REQUEST

Massage

Advanced Functional Labs
& Personalized Analysis



YOUR WELL-BEING IS WORTH THE INVESTMENT.
SPACE IS LIMITED - RESERVE YOUR SPOT AND GIVE
YOURSELF SOMETHING BEAUTIFUL TO LOOK FORWARD TO.

REGISTRATION / CONTACT:

Rhonda Jolliffe 701-471-6447